

2023 World Triathlon Multisport Championships Ibiza**Duathlon, Aquathlon, Cross Duathlon, Cross Triathlon, Long Distance Triathlon, Long Distance Aquabike**

Dear Malta Triathlon Federation Members

It is with great pleasure that we share with you some positive news.

Thanks to the work of the executive committee and support from SportMalta, we have managed to secure some funds to be able to support a small contingent of athletes to take part in the **2023 World Triathlon Multisport Championships Ibiza 29th April – 7th May**

All those athletes that are interested in joining this trip are to reply to this email by no later than Friday 18th February 2023.

An online meeting will then be held on Wednesday 22nd February 2023 @ 6.30pm.

More information about the 2023 World Triathlon Multisport Championships Ibiza 29th April – 7th May can be found at <https://www.ibizamultisport.org/en/>

Competition Schedule is as follows

Races from 29th April to 7th May 2023

29 April – Sprint Duathlon – Santa Eulalia

30 April – Standard Duathlon – Santa Eulalia

1st May – Aquathlon – Santa Eulalia

3rd May – Cross Duathlon – San Antonio

5th May – Cross Triathlon – San Antonio

7th May – Long Distance Triathlon & Aquabike – Ibiza City

Important points

All athletes must hold a Malta Triathlon Federation Membership

Funds will be divided equally amongst all those that reach the MQS requested with a slightly higher percentage going towards the national champions of the various multisport events present during the competition one is interested in.

Athletes that are interested in joining but do not reach the MQS can still be part of the team but will pay full expenses.

Athletes need to be in possession of the Malta Triathlon Federation official Triathlon Suit and Track Suit and Polo Shirt.

Athletes need to abide by the Malta Triathlon Federation Athletes Code of Conduct.

The technical advisory team have the right to include or exclude athletes at any point in time upon a valid reason.

Athletes need to follow instructions and attend the necessary meetings and training sessions with the technical advisors and the MTF Executive Committee when necessary.

Please note that athlete registration is done through the world triathlon portal and is subject to the World Triathlon rules and regulations based the WT criteria. It is World Triathlon and not the Malta Triathlon Federation that confirms the athlete's participation. The MTF can only propose to register athletes.

MQS Duathlon Criteria (Sprint)

female	Age Group	Male
1,13	16-19	1,05
1,13	20-24	1,05
1,15	25-29	1,05
1,15	30-34	1,08
1,16	35-39	1,08
1,17	40-44	1,08
1,17	45-49	1,08
1,20	50-54	1,10
1,22	55+	1,12

Races Available as Qualifiers

Eurosport Agones Sfc Duathlon

Gozo Sprint Duathlon National Championships

Or

Any other officially timed event abroad.

MQS Duathlon Criteria (Standard)

female	Age Group	Male
2,12	16-19	1,55
2,12	20-24	1,55
2,17	25-29	2,00
2,17	30-34	2,00
2,17	35-39	2,00
2,18	40-44	2,00
2,25	45-49	2,05
2,25	50-54	2,05
2,25	55+	2,05

Races Available as Qualifiers

Go&Fun BKSJ Duathlon 2023

Or

Any other officially timed event abroad.

MQS Long Distance Triathlon

female	Age Group	Male
4,40	20-24	4,30
4,40	25-29	4,10
5,15	30-34	4,20
4,40	35-39	4,25
4,40	40-44	4,27
4,50	45-49	4,30
5,00	50-54	4,30
5,40	55+	4,40

Races Available as Qualifiers

Officially times long distance races abroad or in Malta in 2022 & 2023

MQS Aquathlon

Races Available as Qualifiers

Officially races abroad or in Malta in 2022

Qualifying based on ranking rather than times due to the nature of the event.

MQS Cross Triathlon

Races Available as Qualifiers

Xterra Malta 2023

National Xcountry Championships 2022

Officially timed Cross Country Triathlon races abroad.

Qualifying based on ranking rather than times due to the nature of the event.

MQS Cross Duathlon

MTF National Duathlon Cross Country National Championship 2022

Officially timed Cross Country Triathlon races abroad.

Qualifying based on ranking rather than times due to the nature of the event.